

LUNCH SPECIALS

LUNCH COMBO 8.50

Try a half sandwich with choice of soup OR salad AND choice of fresh fruit OR French fries

*excludes burgers & some sandwiches

Soup of the Day

**gumbo with chicken, sausage and shrimp
beef vegetable**

3.00 cup / 5.00 bowl / 4.00 to go

Sandwiches

lemon & pepper grilled chicken wrap 8.50

With roasted red peppers, shredded lettuce, pepper jack cheese, and mayo on a spinach tortilla with fries

smoky grilled chicken 8.50

With lettuce, tomato, provolone cheese and mayo on a hard roll served with French fries

CROISSANT SANDWICH 8.50

Two eggs any style with smoked ham and Swiss cheese with fries

GRILLED VEGETABLE SANDWICH 8.50

Roasted vegetables, fresh mozzarella cheese, Portobello mushroom, and pesto on 7 grain toast served with fresh fruit

**beef, cajun grilled chicken OR
thai chili shrimp tacos 8.50**

Two soft tacos filled with shredded lettuce, Pico de Gallo and Baja sauce

BANGER SANDWICH 8.50

Irish sausage, fried onions, gravy and cheddar cheese on a Kaiser roll with fries

CUBAN SANDWICH 8.50

Turkey, pork, mustard, mayo, swiss cheese & a pickle on a grilled long roll served with fries

Salad Special

marinated skirt steak 10

With feta cheese, pico de gallo, cucumber, cilantro lime served over chopped mixed greens with ranch dressing

Entrees

tilapia 12

With blackened fresh filet served with spinach, mushroom, quinoa, and lemon jus

chuck's chicken 10

Cajun grilled chicken served with chopped salad with tomato, red onions, and shaved parmesan cheese with grilled potato

penne pasta 9

Tossed with grilled chicken, mushrooms, green peas and a porcini cream sauce